Attention all Students 17 Years and Older!!
Estancia High School ASB Blood Drive

Wednesday, November 16, 2016
Estancia High School
7:30 am to 1:30 pm
Location: Small Gym

If you would like to participate in the blood drive you must do the following:
1. Check that you meet the height & weight requirements to donate blood.
2. Fill out the bottom portion of this form.
3. You must have your parent or legal guardian sign the bottom of this form*.

MALE donors must weigh 110 pounds or more depending on their height in the following chart:

<table>
<thead>
<tr>
<th>If you are</th>
<th>4'10&quot;</th>
<th>4'11&quot;</th>
<th>5' or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>You must weigh at least</td>
<td>118</td>
<td>114</td>
<td>110</td>
</tr>
</tbody>
</table>

FEMALE donors must weigh 110 pounds or more, depending on their height in the following chart:

<table>
<thead>
<tr>
<th>If you are</th>
<th>5'1&quot;</th>
<th>5'2&quot;</th>
<th>5'3&quot;</th>
<th>5'4&quot;</th>
<th>5'5&quot;</th>
<th>5'6&quot; or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>You must weigh at least</td>
<td>133</td>
<td>129</td>
<td>124</td>
<td>120</td>
<td>115</td>
<td>110</td>
</tr>
</tbody>
</table>

Females who are shorter than 5' 1" may still be eligible to donate blood.
They may call 1-866-236-3276 to ask about their eligibility.

*Return this form to ASB

Student Name: ____________________________________________

Phone Number: ____________________________________________

Parent Signature: _________________________________________

Phone Number: ____________________________________________
Attention all Students 16 Years Old!
Estancia High School ASB Blood Drive

Wednesday, November 16, 2016
Estancia High School
7:30 am to 1:30 pm
Location: Small Gym

If you would like to participate in the blood drive you must do the following:
1. Check that you meet the height & weight requirements to donate blood.
2. Fill out the bottom portion of this form.
3. You must have your parent or legal guardian sign the bottom of this form* AND the American Red Cross Parental Consent for Blood Donation form*

MALE donors must weigh 110 pounds or more depending on their height in the following chart:

<table>
<thead>
<tr>
<th>If you are</th>
<th>4'10&quot;</th>
<th>4'11&quot;</th>
<th>5' or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>You must weigh at least</td>
<td>118</td>
<td>114</td>
<td>110</td>
</tr>
</tbody>
</table>

FEMALE donors must weigh 110 pounds or more, depending on their height in the following chart:

<table>
<thead>
<tr>
<th>If you are</th>
<th>5'1&quot;</th>
<th>5'2&quot;</th>
<th>5'3&quot;</th>
<th>5'4&quot;</th>
<th>5'5&quot;</th>
<th>5'6&quot; or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>You must weigh at least</td>
<td>133</td>
<td>129</td>
<td>124</td>
<td>120</td>
<td>115</td>
<td>110</td>
</tr>
</tbody>
</table>

Females who are shorter than 5' 1" may still be eligible to donate blood. They may call 1-866-236-3276 to ask about their eligibility.

*Return this form to ASB

Student Name: _____________________________________________

Phone Number: _____________________________________________

Parent Signature: __________________________________________

Phone Number: _____________________________________________